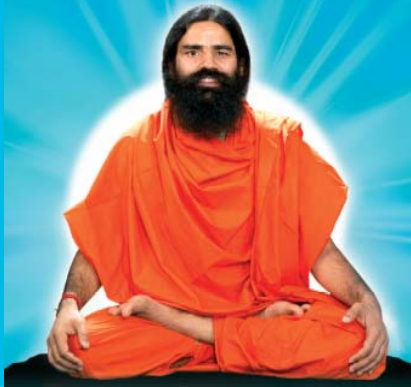




# Patanjali Yog Peeth (UK) Trust

Charity Reg No: 1115370



## ASSISTANT YOG TEACHERS TRAINING

We are glad to inform you that with the blessing of Swami Ramdev Ji Maharaj, the Patanjali Yog Peeth (UK) Trust has organised sessions for those interested in becoming "Assistant Yog Teachers"

### YOG MIND BODY SOUL

This course is not only for those wishing to become assistant yog teachers it is also an excellent self development course that will provide you with knowledge on the basic principals of how to live a healthy life. You can use the understanding you gain to support your family and friends to adopt a healthier approach to life.

#### HAYES

20<sup>TH</sup> MARCH 2009 TO 22<sup>ND</sup> MARCH 2009

Venue:

SIRA'S SUPERMARKET  
AMRIT HOUSE, SPRINGFIELD ROAD  
HAYES, UB4 0LG

Timings:

FRIDAY: 6 PM TO 9 PM  
SATURDAY AND SUNDAY: 7 AM TO 7 PM  
*(Meals will be provided Sat & Sun Sessions)*

CONTACT:

MRS LUCKY OR MR SUKHI: 0208 569 1112

**SPONSORED BY SIRA SUPERMARKET**

REGISTER YOUR INTEREST EARLY TO AVOID DISSAPOINTMENT

For further information please visit our website: [www.pypt.org](http://www.pypt.org)

Mail : [info@pypt.org](mailto:info@pypt.org)

TARUN KHATTRY: 0141 427 7510

YOG MIND BODY SOUL YOG MIND BODY SOUL